



## ADDvanced Solutions Community Network

Supporting you to find the answers

# News & Events Update

## Sleep Difficulties Training workshop

Working in collaboration with Scope Sleep Solutions. We will be delivering a Sleep Difficulties workshop on Thursday 8<sup>th</sup> February 9.30 – 12.30 in St Helens town centre.

**Scope**  
About disability

Please contact the office on [info@advancedsolutions.co.uk](mailto:info@advancedsolutions.co.uk) or call 01744 582172 to find out more information and to book your place.

## Reducing Food Waste



We are working in collaboration with FareShare, a brilliant charity fighting to combat food waste.

We will be collecting items of food with a short shelf life donated from Tesco's and distributing those items in our Community Network Group at the YMCA Beacon

## Who we are and what we do

ADDvanced Solutions Community Network is a Community Interest Company, not for profit social enterprise established out of need in 2012 to provide community based, open access, pre, during and post diagnosis learning, coaching and mentoring for families with a child living with a Neurodevelopmental condition including ASD/C, ADHD, sensory processing difficulties, dyslexia, dysgraphia, dyscalculia, dyspraxia, social communication difficulties, SEN and disability.

We aim to equip families with the skills and tools to better recognize, understand and support the needs of their family, building resilience and confidence to access an ordinary life.

Learning and support is delivered by our team of professionals who live with Neurodevelopmental conditions in their own family.

## Neurodevelopmental Conditions Family Learning Programme

Learning programme for parents, carers and supporters in St Helens who wish to gain knowledge and skills about their child's neurodevelopmental condition, with strategies to support the difficulties that may present around:

- Neurodevelopmental conditions/learning difficulties and mental health difficulties
- Autism Spectrum Disorder /Condition - ASD/C
- Attention Deficit Hyperactivity - ADHD
- Sensory Processing / Integration Difficulties (SPD)
- Challenging behaviours
- Your local offer, welfare rights and educational support

The next course available is delivered over 3 full days:  
10<sup>th</sup>, 17<sup>th</sup> and 24<sup>th</sup> January 2018 from 9.30am – 3.00pm in  
St Helens town centre.

Find more news and events at  
[www.advancedsolutions.co.uk](http://www.advancedsolutions.co.uk)

**ADDvanced Solutions Community Network CIC - St Helens**

Telephone: 01744 582172 Email: [info@advancedsolutions.co.uk](mailto:info@advancedsolutions.co.uk)

Registered Office: 54 St James Street, Liverpool, L1 0AB. Company No: 08251733.  
Community Network Office: Business First Centre, 23 Goodlass Road, Speke, L24 9HJ.



ADDvanced Solutions  
Neurodevelopmental Partnership  
Supporting you to find the answers



ADDvanced Solutions  
Community Network  
Supporting you to find the answers



ADDvanced Solutions  
Training & Consultancy  
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# Community Network Group

Do you have any concerns about your child's behaviour at home or in school?

Then come along to your local Community Network Group which is open access no need to book. ADDvanced Solutions Community Network group provides an opportunity to share learning and experience and to gain tools, confidence and knowledge to better identify, understand and meet the needs of families living with Neurodevelopmental conditions.

Each week during term time we deliver an information session or invite one of our partner organisations to offer you advice and guidance.

**12.45pm - 2.45pm every Tuesday during term  
Time at the YMCA Beacon, 25 College Street,  
St Helens WA10 1TF**

**Tuesday 9<sup>th</sup> January** – Identifying problems, finding solutions – Come and discuss any concerns you may have and we will support you to identify solutions to the difficulties you are facing

**Tuesday 16<sup>th</sup> January** – Effective communication – identifying the importance of how you positively communicate with your child

**Tuesday 23<sup>rd</sup> January** – Meltdowns vs Tantrums – Identifying the difference between a meltdown and a tantrum – with strategies to support both

**Tuesday 30<sup>th</sup> January** – Speech and Language Therapist – Come along to meet one of the St Helens Speech and Language Therapist for a Q&A session, and to find out how they support children and young people

**Tuesday 6<sup>th</sup> February** – Managing stress – Identifying different types of stress and discussing strategies to manage.

Check out the St Helens what's on page on our website [www.advancedsolutions.co.uk](http://www.advancedsolutions.co.uk) for an up to date timetable of delivery and when our partners will be joining us.

## Our Traded Offer

Our range of accredited and non-accredited training, coaching and mentoring programmes equip professionals with the skills, tools and confidence to better support the families living with Neurodevelopmental conditions they work with and come into contact with.

We also offer bespoke training and consultancy work to meet the needs of your team. Please contact the office on 01744 582172 or email [info@advancedsolutions.co.uk](mailto:info@advancedsolutions.co.uk) to see how we can help you.



## Professionals Awareness Raising Training

Awareness Raising Training on Neurodevelopmental conditions. This full day's training is for anyone who works with families with a child living with a Neurodevelopmental condition including Autism Spectrum Disorder/Condition, ADHD and sensory processing difficulties (SPD).

The training aims to:

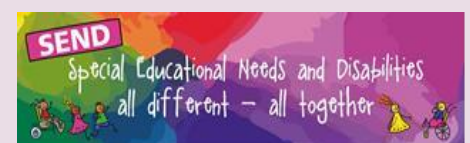
- Improve understanding of Neurodevelopmental conditions, how they present and often overlap and
- Develop skills and confidence to better support families living with Neurodevelopmental conditions.

Please contact the office on **01744 582172** or [info@advancedsolutions.co.uk](mailto:info@advancedsolutions.co.uk) for find out more information on this funded offer.

## The Local Offer

Check out the St Helens Local Offer, it gives lots of information for parents and carers of children with Special Educational Needs (SEN) and disabilities

<https://www.sthelens.gov.uk/schools-education/sen-the-local-offer/>



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